

Opposites

Roll your hands so slowly,
As slowly as can be.
Roll your hands so slowly,
And fold your arms like me.

Roll your hands so quickly,
As quickly as can be.
Roll your hands so quickly,
And fold your arms like me.

Clap your hands so softly,
As softly as can be.
Clap your hands so softly,
And fold you arms like me.

Clap your hands so loudly,
As loudly as can be.
Clap your hands so loudly,
And fold your arms like me.

Reach your hands up very high,
As high as you can.
Reach your hands up very high,
Then fold your arms like me.

Reach your hands down very low,
As low as you can.
Reach you hands down very low,
Then fold your arms like me.